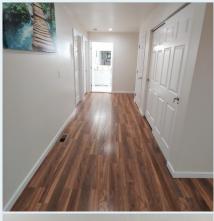
At La Serenità Residential Care the hallway is big and bright very convenient to walk anytime.

READY—SET—WALK

Walk to be healthy
Walk to be happy
Walking improves cardiac risk
factors such as cholesterol, blood
pressure, diabetes, obesity, inflammation, and mental stress.
Moderate exercise also helps
protect against dementia, peripheral artery disease, obesity, diabetes,
depression and colon cancer.





## **Brief direction to home:**

Coming from South Bound I-5: Follow I-5 North toward Vancouver B.C.
Take 164th St. SW exit, EXIT 183.
Turn left onto 164th St SW
Go straight toward Lynnwood
Slight right toward 164th St SW
Turn right onto 52nd Ave W
Turn left onto 152nd St SW
5425 152nd St SW
Edmonds, WA 98026

Coming from North Bound I-5: Follow I-5 South toward Seattle.
Take 164th St. SW exit, EXIT 183.
Turn right onto 164th St SW
Go straight toward Lynnwood
Slight right toward 164th St SW
Turn right onto 52nd Ave W
Turn left onto 152nd St SW
5425 152nd St SW
Edmonds, WA 98026

### La Serenità Residential Care

5425 152<sup>nd</sup> St. SW, Edmonds, WA 98036

Phone: 425.673.5450 Fax: 425.673.5450

Email: 4allselam@gmail.com www.laserenitacare.com



# LA SERENITÀ RESIDENTIAL CARE LLC (LICENSED ADULT FAMILY HOME)



LOCATED IN EDMONDS, WA {ACCEPTS: MEDICAID AND PRIVATE PAY}

"Just like Home!"



#### La Serenità Residential Care LLC is a

licensed Adult Family Home providing dedicated homecare services. For many of us, choosing a residential care facility for our loved ones is a major decision to make. If you are looking for a comfortable, safe and caring home for your parents, grandparents, a dear friend or yourself, La Serenità Residential Care is the one for you.

If an accident or illness has left you or a loved one unable to perform daily routines, or requiring regular medication and monitoring, we can provide the support you need. Our mission is to provide the highest level of professional care to our residents, along with compassion, tenderness and respect to enhance the quality of their lives: physically, mentally & emotionally.

We want to make a difference in the lives of others, by providing elders and their families support as they encounter challenges of aging and disabilities, and as making them feel "Just like Home!".

#### **Our Services Include**

- La Serenità Residential Care offers 24/7
  personalized on-site care giving staff to
  ensure that all residents are well cared for.
- Private rooms, capacity for six residents, elegantly furnished or personalized to your style.
- Medical supervision provided by visiting physicians and nursing personnel.
- Hospice services available through licensed professionals.
- Medication assistance and incontinence management staff specializing in Dementia, Alzheimer and Mental Health.
- Provide Individual Call Light communication system for our residents in need of assistance; to call for help with the push of a button, conveniently placed at our residents side.
- Personal attention, caregiver involvement and activities focusing on hobbies, crafts, exercise, music therapy, holiday and birthday celebrations and gardening.
- Delicious and nutritious home cooked meals and snacks provided between meals with emphasis on hydration.
- Assistance with dressing, bathing, grooming and other personal needs including daily laundry and housekeeping.
- Living room and dining room with kitchen residents can call their own so they can live the way they always have.
- Wheel chair accessible and two full walk-in showers, smoke alarm in every room, TV cable outlet with internet and phone.
- Enjoy beautiful days on the patio; lovely garden area with beautiful flowers and birds.



**La Serenità Residential Care** has two big full bathrooms with walk-in shower.

# **Bright—Elegant—Accessible**

Walk-in bathroom can reduce the chances of getting an injury that is associated with falling.

Walk-in shower will give you comfort, ease and leave you feeling content.

